

# AUGUST/SEPTEMBER 2025

## Cardinal School – Satellite Lunch Menu

Breakfast and Lunch are FREE for all students!

Our menu consists of Whole Grains, Fresh Fruits and Vegetables.

Students must take a fruit and/or vegetable with each lunch.

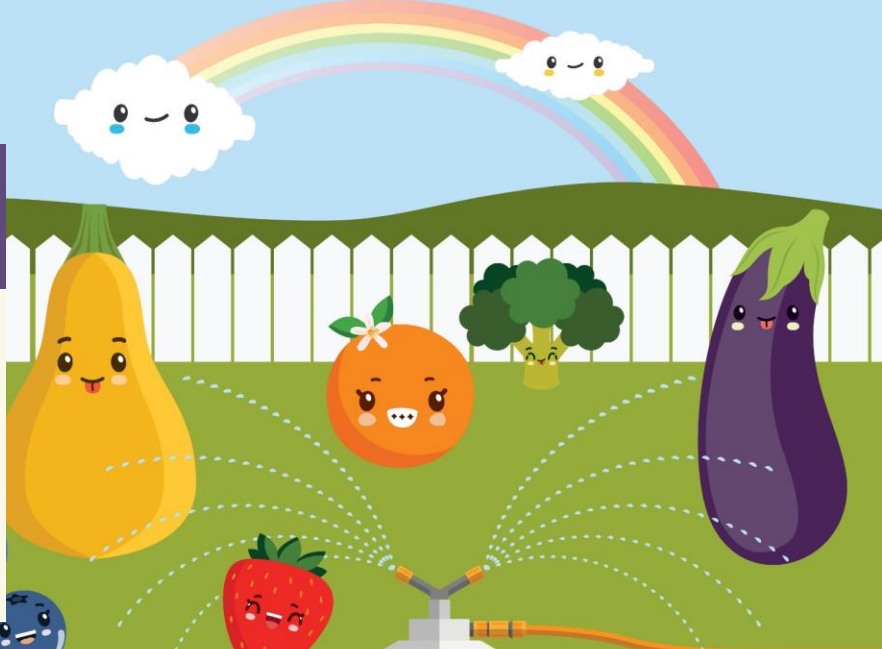
All meals are served with the option of milk.

Sunbutter and Jelly Sandwiches and Vegetarian Meals served daily.

Please inform food service staff if you have a food allergy.

V= Vegetarian LG=Locally Grown LTO= Limited Time Offer

HOTM=Harvest of the Month



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>25</b>  <b>Welcome Back!</b>	<b>26</b> Beef Taco V  Yogurt Dip Platter V Buffalo Chicken Wrap  Carrots LG & Fiesta Corn Oranges & Apples	<b>27</b> Chicken Nuggets with a Dinner Roll Veggie Nuggets with a Dinner Roll V Popcorn Chicken Salad with Flatbread LG Italian Sub  Broccoli & Carrots LG Bananas & Berry Cup	<b>28</b> Cheese Pizza V  Yogurt Dip Platter V Buffalo Chicken Wrap  Roasted Potatoes & Celery Pears & Fresh Fruit Cup	<b>29</b>  <b>No School Labor Day Recess</b>
<b>1</b>  <b>No School Labor Day</b>	<b>2</b> Arroz con Pollo  Bagel Power Pack V Ham and Cheese Roll Ups  Kickin' Beans & Carrots LG Oranges & Apples	<b>3</b> Hamburgers & Cheeseburgers Black Bean Burger V  Southwest Salad with Tortilla Chips LG V Turkey and Cheese Sandwich Oven Roasted Broccoli & Carrots LG Bananas & Berry Cup	<b>4</b> Chili Garlic Popcorn Chicken Lo Mein Chili Garlic Veg Nugget Lo Mein V  Bagel Power Pack Ham and Cheese Roll Ups  Green Beans & Tater Tots Pears & Fresh Fruit Cup	<b>5</b> Cheese Pizza V  Southwest Salad with Tortilla Chips LG V Turkey and Cheese Sandwich  Red Pepper Strips & Side Salad LG Apples & Bananas
<b>8</b> French Toast with Chicken Sausage Or Vegetarian Sausage V  Yogurt & Fruit Power Pack V Greek Chicken Wrap LG  Tater Tots & Carrot LG Apples & Pears	<b>9</b>  <b>No School Election Day</b>	<b>10</b> Mac and Cheese V  Yogurt & Fruit Power Pack V Greek Chicken Wrap LG  Broccoli & Oven Roasted Butternut Squash LG Bananas & Berry Cup	<b>11</b> Pizza Crunchers V  Greek Salad with Flatbread LG V Chicken Salad Sandwich  Oven Roasted Chickpeas & Carrots LG Local Peaches LG & Fresh Fruit Cup	<b>12</b> Cheese Pizza V  Yogurt & Fruit Power Pack V Greek Chicken Wrap LG  Red Pepper Strips & Side Salad LG Apples & Bananas
<b>15</b> Maple Mini Pancakes with Omelet V  Pizza Platter Chicken Caesar Wrap LG  Broccoli & Carrots LG Apples & Pears	<b>16</b> Hamburgers & Cheeseburgers Black Bean Burger V Chicken Bacon Ranch Salad with Flatbread LG Ham and Cheese Sandwich  Roasted Chickpeas & Cucumbers Oranges & Apples	<b>17</b> Chicken Parmesan Pasta  Pizza Platter Chicken Caesar Wrap LG  Corn & Roasted Cauliflower Bananas & Berry Cup	<b>18</b> Crispy Chicken Sandwich Vegetarian Nuggets with a Dinner Roll V Chicken Bacon Ranch Salad with Flatbread LG Ham and Cheese Sandwich  Green Beans & Carrots LG Pears & Fresh Fruit Cup	<b>19</b> Cheese Pizza V  Pizza Platter Chicken Caesar Wrap LG  Red Pepper Strips & <b>HOTM:</b> Caprese Side Salad LG Apples & Bananas
<b>22</b> Pizza Crunchers V  Pretzel Platter V Turkey BLT LG  Waffle Fries & Pickled Cucumbers Apples & Pears	<b>23</b> Lowell Grande Nachos Kickin' Bean Nachos V  Chicken Caesar Salad with Flatbread LG Tuna Salad Sandwich  Kickin' Beans & Sweet Potato Fries Oranges & Apples	<b>24</b> Hamburgers & Cheeseburgers Black Bean Burger V  Pretzel Platter V Turkey BLT LG  Broccoli & Carrots LG Bananas & Berry Cup	<b>25</b> <b>Dumpling Day!</b> Chicken & Vegetable Dumplings with Mixed Veggies Chicken Caesar Salad with Flatbread LG Tuna Salad Sandwich  Roasted Veggies & Green Beans Pears & Fresh Fruit Cup	<b>26</b> Cheese Pizza V  Pretzel Platter V Turkey BLT LG  Red Pepper Strips & Side Salad LG Apples & Bananas